

ENJOYABLE CONVERSATIONS FORM

Name _____

Date _____

Circle One: Male Female

Instructions. Below is a list of topics many couples enjoy talking about. We would like to get some idea of how enjoyable each topic is to you. Please indicate how enjoyable each topic is by placing a number from 0 to 100 next to each item. A zero indicates that the topic is not at all enjoyable, and a 100 indicates that it is very enjoyable.

The first line contains an example in which the couple enjoys talking about home decorating a great. Complete the remaining items in the same way. Do not share your answers with your spouse.

We enjoy talking about...

How much?

Home decorating	90
Other people we know	
Casual and informal types of things	
Politics & current events	
Things that we have to get done around the house	
Things happening in town	
Silly and fun types of things	
Recreation, Dates, dinners and parties	
Celebrations, holidays, special events	
Some good times we've had in the past	
Our children or grandchildren	
Our views on different issues	
Our accomplishments	
Family pets	
Something we've recently done together	
Our sleeping dreams	
Our dreams in life	
Our plans for the future	
Things we've seen on TV, heard or read about	

Please feel free to write down any other enjoyable conversations on the back of this paper and rate them similarly.